



## Hardship and Social Support Service Listing

(Updated March 2023)

### Food Service Agencies

(with a formal intake and assessment process)

**Adventist Community Services** (Charity #110) 43 King Street, Hamilton

**Contact:** Dora Baker 704.5066 dorabaker67@gmail.com  
communityservicesfederationbda@gmail.com

**Service:** Food and community support (see food section for range of food service locations)

**Age Concern** (Charity #137) 24 Admiralty Lane, Pembroke Hamilton

**Contact:** Hayley Francis Cann 238.7525 clientservices@ageconcern.bm  
<https://ageconcern.bm/>

**Service:** Information, advise, assistance and referral service for Seniors and their Caregivers needing general assistance. Call or email for assistance.

**Coalition for the Protection of Children** (Charity #334) 38 Mount Hill Road, Pembroke

**Contact:** 295-1150 cpc@coalition.bm www.coalition.bm

**Service:** Hardship support services, including food vouchers for families with children under the age of 17 only. Call in for appointments Monday to Friday 9.00am - 4.00pm

**The Salvation Army** (Charity #93) 44 King Street, Hamilton

**Contact:** Chandra-Lee Bascome 292.2586 chandra-lee.bascome@salvationarmy.bm  
www.salvationarmy.ca

**Service:** Foodbank and Emergency Housing Services (see Food Section for details of hot food services available) North Street Hall Foodbank- Tuesday to Friday between 9.30am - 1.00pm

**\*At the Food Bank, you are required to have 1 photo ID (work permit or driver's license) and 1 document (bill, bank statement, etc.)**



## Hardship and Social Support Service Listing

### Meal Service Agencies

(providing a regular schedule of prepared meals-to-go)

**Cathedral of the Most Holy Trinity** (Charity #306) 29 Church Street, Hamilton

**Contact:** Susannah Frith 331.6449 zanzcaf@ibl.bm www.anglican.bm

**Service:** Food - Boxed Dinner - Five Days a Week (M-F 12:15-12:45pm or until meals run out).

**Christ Church** 96 Middle Road, Warwick

**Contact:** David Thompson 705.4600 christchurch@logic.bm www.christchurch.bm

**Service:** Food - Lunch - Six Days a week (not open Sundays) between 12.30pm - 2.00pm and Breakfast on Saturdays @ 8.30am- 10:00am; and laundry and shower facilities Saturdays 8:00am -12:00pm

**First Baptist Church** 134 Middle Road, Devonshire

**Contact:** Rev. Gordon Shaw 236.7414 secretary@fbc.bm  
www.firstbaptistbermuda.com

**Service:** Dinner - Wednesdays between 3:30-5:00pm, or until supplies last. First come, first served. Occasionally provide grocery bags. Spiritual counseling to those in need.

**Hamilton Seventh-day Adventist Church** (Charity #110) 43 King Street, Hamilton

**Contact:** Marva Trott 535.5546 dorabaker67@gmail.com www.hamiltonsda.org

**Service:** Food - Takeout meal - Wednesdays between 4.00pm - 5.30pm

**St. David's Seventh-day Adventist Church** (Charity #110) #113 Building, Southside Road, St. Georges DD03

**Contact:** Dora Baker 704.5066 dorabaker67@gmail.com

**Service:** Food - Takeout meal - Wednesdays between 5.00pm - 6.30pm



## Hardship and Social Support Service Listing

### Meal Service Agencies (con't)

(providing a regular schedule of prepared meals-to-go)

**St. Vincent de Paul Society** (Charity #173) St. Theresa's Hall, Laffan Street.

**Contact:** Karen Leseur 232.4175 svdp@northrock.bm

**Service:** Food - Take-out Hot Meal every Sunday btw 5:00-6:00pm served from St. Theresa's Hall, Laffan Street. Food Vouchers and hardship assistance when available.

**Meals on Wheels** (Charity #109) 103 South Road, Paget

**Contact:** Tannika Rodrigues 236.1815 mowadmin@logic.bm  
www.mealsonwheels.bm/mow

**Service:** Food delivery – 4 meals weekly, delivered on Monday, Tuesday and Wednesday and Friday to qualified recipients. Qualified recipients are primarily seniors who are unable to prepare meals for themselves and have no dependable person who can do so. Diets include renal, diabetic, and other dietary requirements.

**The Eliza Dolittle Society** (Charity #567) 64 Middle Road, Warwick

**Contact:** Clare Mello 333.4483 teds.director@gmail.com www.theelizadolittlesociety.bm

**Service:** Food - Grocery bags for pick up from location Tuesdays, Wednesdays & Thursdays between 10.00am – 2.00pm. and Saturdays between 10.00am – 12:30pm.

**The Salvation Army** (Charity #93) www.salvationarmy.ca/bermuda

**Service:** Hot Meals / Meals-to-go / Food Bank

1) **Service:** Street Ministry Van (Hamilton) 44 King Street, Hamilton - Monday to Saturday 5.15pm - 6.30pm

**Contact:** Chandra-Lee Bascome, 292.2586 chandra-lee.bascome@salvationarmy.bm

2) **Service:** Takeout - North Street Feeding Programme 10 North Street, Hamilton - Mondays, Tuesdays, Thursdays, Fridays & Saturdays 5.15pm - 5.45pm

**Contact:** Capt. Kendacy Barnes, (704.7673) kendacy.barnes@salvationarmy.bm

3) **Service:** Food Bank St. George's Corps, 6 Governor's Alley, St. George's - Wednesdays & Fridays from 9.00am - 12.00pm

**Contact:** Maj. Wayne Knight, (704.1962) wayne.knight@salvationarmy.bm

4) **Service:** Food Bank West End Community Church, 15 Cambridge Road, Somerset - Wednesdays from 4.00pm - 5.45pm

**Contact:** Lt. Adriane Cartmell, 15 Cambridge Road, Somerset (704.6524) adriane.cartmell@salvationarmy.bm



## Hardship and Social Support Service Listing

### Department of Financial Assistance

**First step in the process to obtain government Financial Assistance is to collect and complete the Department of Financial Assistance's application form. Applications must be collected in person from 1st floor Global House. Monday-Thursday 10:00am-11:45am and 2:00pm-3:45pm. Third Sector Hardship Support Providers can assist in the application process.**

### Shelter Services

**The Salvation Army (Charity #93) 44 King Street, Hamilton**

**Contact: Chandra-Lee Bascome**

**chandra-**

**lee\_bascome@can.salvationarmy.org**

**[www.salvationarmy.ca/bermuda/home/locations\\_contact](http://www.salvationarmy.ca/bermuda/home/locations_contact)**

**Service: Call for availability**

### Safety: Domestic/ Child Abuse

**Centre Against Abuse** PO Box 2049 Hamilton GM HX

**Contact: Laurie Shiell 292.4366 [info@centreagainstabuse.bm](mailto:info@centreagainstabuse.bm)**

**[www.centreagainstabuse.bm](http://www.centreagainstabuse.bm) EMERGENCY HOTLINE 297.8278**

**Service: Providing services to adult male and female (aged 18-65) survivors of domestic violence and sexual assault. Services include counselling, court advocacy, and educational sessions in the community. Mon-Fri 9:30am - 5:30pm. 24-hour crisis hotline, 7 days per week.**

**Department of Child and Family Services**, 131 Front Street, Hamilton Contact: To report any child protection matters to the Department, please call 278-9111 - available 24-hours a day



## Hardship and Social Support Service Listing

### Drug Misuse

**Alcoholics Anonymous** (no physical address)

**Contact:** 297.0965 bermudaintergroup101@hotmail.com /AAinBermuda@gmail.com

**Service:** All Bermuda AA meetings are in-person. Please visit [www.aa.bm](http://www.aa.bm) for days and times.

**Focus Counselling Services** (Charity #371) Jerry's House, 37 Barry Road St. Georges GE04

**Contact:** Leslie Grant 296.2196/705.4991 [info.focus@focus.bm](mailto:info.focus@focus.bm) [www.focus.bm](http://www.focus.bm)

**Service:** Providing telephone and online addiction counselling and support - please call. responding to critical cases in person, no appointment necessary.

**Pathways Bermuda** (Charity #806) 61 Verdmont Road, Smith's

**Contact:** Gita Blakeney Saltus 236.0823/534.9882  
[gbsaltus@pathwaysbermuda.bm](mailto:gbsaltus@pathwaysbermuda.bm), [info@pathwaysbermuda.bm](mailto:info@pathwaysbermuda.bm) [www.pathways.bm](http://www.pathways.bm)

**Service:** Addiction related counselling in-person or via telemedicine. Monday to Friday between 9.00am - 5.00pm for new clients. Call for services.

**Solstice Vallis Building** 3rd Floor, 58 Par La Ville Road, Hamilton Bermuda HM11

**Contact:** Ann Paul 292.3456 [info@solstice.bm](mailto:info@solstice.bm) [www.solstice.bm](http://www.solstice.bm)

**Service:** Currently offering sessions on telehealth and in person for those that are unable to do telehealth sessions and detox services available. Online and small therapeutic groups for children are ongoing

**Turning Point Substance Abuse Programme** (MAWI) 44 Devon Springs Road, Devonshire

**Contact:** Shirley Place 239.2038 or [shirley.place@bhb.bm](mailto:shirley.place@bhb.bm)

[www.bermudahospitals.bm/services-listing/mental-health/substance-abuse](http://www.bermudahospitals.bm/services-listing/mental-health/substance-abuse)

**Service:** Requests for Detox Services and Opioid Treatment Programme will be assessed by the Clinical Team on an as needed basis. Urgent cases will be assessed based on medical need. For assessment, please contact the main office to be connected with one of the Counsellors. Any persons not currently in services who are seeking to schedule an intake should call the main office.



## Hardship and Social Support Service Listing

### Health and Well Being Services/Medication Distribution (con't)

**Child and Adolescent Services (MAWI)** 44 Devon Springs Road, Devonshire

**Contact:** 249.3370 24-HOUR EMERGENCY HOTLINE 239.1111

[www.bermudahospitals.bm/services-listing/mental-health/child-amp-adolescent-services](http://www.bermudahospitals.bm/services-listing/mental-health/child-amp-adolescent-services)

**Service:** The CAS team offers telephone support services for parents and children who may be struggling with fears and worries about illness, being isolated or about coping with all the changes. Monday to Friday between 9.00am - 5.00pm. CAS offers mental health services for children up to 18 years old.

#### **Emotional Wellbeing Hotline**

**Contact:** 24-HOUR EMERGENCY HOTLINE 543.1111

**Service:** Anxious, sad, overwhelmed, stressed? During this difficult time, the Emotional Wellbeing Hotline is here for you. Experienced mental health practitioners are available to speak with you and to offer support, 5.00pm -9.00pm, Monday, Wednesday and Friday. Call 543.1111.

**Employee Assistance Programme** 22 Church Street, 4th Fl, Unit 410, Hamilton

**Contact:** Latisha Lister-Burgess 292.9000 [info@eap.bm](mailto:info@eap.bm) [www.eap.bm](http://www.eap.bm)

**Service:** In-person and Virtual (Tele-Medicine) Counselling on Monday to Thursday 9.00am - 7.00pm, Fridays 9.00am - 5.00pm - available to employees of member agencies and at a fee for non-members.

**Family Centre** (Charity #378) Sunshine League House, 27 King Street, Pembroke

**Contact:** 232.1116 [info@tfc.bm](mailto:info@tfc.bm) [www.tfc.bm](http://www.tfc.bm)

**Service:** Family Centre provides a menu of mental health services including: screening and referral, short-term and long-term intensive counselling services, and therapeutic groups for families with children aged 4-18 years old. Our counselling services are delivered Monday to Friday between 9:00am – 6:00pm and at no cost to families. In-person and telehealth service delivery is available. We are committed to ensuring access to mental health support without barriers. Our holistic, therapeutic approach to care fosters healing, wellness, and empowerment. Please reach out and ask to speak with a screener if you need help.

**Mid-Atlantic Wellness Institute** 44 Devon Springs Road, Devonshire

**Contact:** 24-HOUR EMERGENCY HOTLINE 239.1111

[www.bermudahospitals.bm/services-listing/mental-health/acute-care](http://www.bermudahospitals.bm/services-listing/mental-health/acute-care)

**Service:** The service operates a crisis intervention team, which responds to after-hours mental health crises, and features crisis resolution and early intervention care approaches. Liaison psychiatric services are provided to patients in KEMH.



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### Health and Well Being Services/Medication Distribution (con't)

**Bermuda Diabetes Association** (Charity #143) Hilton Hill Diabetes Center, 22 Princess Street, Hamilton

**Contact:** Lori Rockhead 297-8427 info@diabetes.bm / www.diabetes.bm

**Services:** Medical nutrition therapy and diabetes education and training available to persons with diabetes. Screening clinics are available and free. Emergency pharmaceutical available to persons with diabetes who do not have health insurance or cannot afford their medication. Know Your Medicine (KYM) program offers advice to anyone taking multiple medications. Weekly blister packs provided for free. Medical nutritional counseling available.

**Open Airways Bermuda** (Charity #458) (no physical address)

**Contact:** Mary Ellen Ewles 238.3261 mary@openairways.com www.openairways.com

**Service:** Assistance with affordable Asthma/COPD inhalers and medications. Information, advice and assistance with asthma/COPD and other breathing concerns provided FREE of charge (in-person, over the phone, online, etc.)

**P.A.L.S. Cancer Care in Bermuda** (Charity #171) 18 Point Finder Road, Paget

**Contact:** Colleen English DeGrilla 236.7257 info@pals.bm www.pals.bm

**Service:** Nursing, palliative care, physician, medical equipment and medical supplies for cancer patients. During Shelter in Place period, the office hours will be 9am-1pm for essential face to face appointments and supply/equipment collection. Support will also be provided via telemedicine. After 1pm, services are provided on a medical emergency basis.

**Project Action** (Charity #562) Rose Hill, St. George's, GE03

**Contact:** Cindy Swan 297-5044 bermudaprojectaction@gmail.com  
www.facebook.com/ProjectActionBermuda

**Service:** Provides free transportation for Seniors, and the physically challenged daily. Call to arrange for pickup.

**Solstice** Vallis Building 3rd Floor, 58 Par La Ville Road, Hamilton Bermuda HM11

**Contact:** Marah MacLeod 292.3456 info@solstice.bm www.solstice.bm

**Service:** Solstice provides comprehensive mental health services for children, adults, couples and families with counselors, therapists, psychologists and a psychiatrist. Currently offering telehealth sessions and in person sessions. Comprehensive Child and Adolescent program including empowerment and social skills groups age 4 to 16 years old.

**The Bermuda Legion** (Charity #809)

**Contact:** Carol Everson 293.3975/234.1880 nosoldierleftbehind@hotmail.com

**Service:** Range of support for War Veterans and Veterans of conflict and their widows, families and caregivers.

**Vision Bermuda** (Charity #90) Beacon House, 3 Beacon Street, Hamilton HM10

**Contact:** Theresa Hall 292.3231 executivedirector@visionbermuda.bm  
www.visionbermuda.bm

**Service:** Specialist services, support, information and advice for individuals who are

blind or living with vision loss. Call for assistance.

**Women's Resource Centre** (Charity #267) Sofia House, 48 Church Street, Hamilton

**Contact:** Tina Laws 533.3882 [wrc@wrcbermuda.com](mailto:wrc@wrcbermuda.com) [www.wrcbermuda.com](http://www.wrcbermuda.com)

**Call Service:** Providing Counselling, Community Driven Education and Supportive Services and Advocacy (information, referrals, guidance, warning letter, etc)